



Friends of the Hercules Senior Center

Presented by:
Tanya Little, President
friendsofhsc2019@gmail.com
November 2024

Hercules Senior Center Wellness Activities

- \$25.00/yr. Park & Rec Member Fee
- Social Events & Trips
- Wellness Programs
(\$1.00/\$3.00 Non-members)
 - Tai Chi
 - Beginning & Advance Line Dance
 - Chi Gong, Yuen Ji Dance
 - Low Impact Dancercise
 - Fit Troop
 - Sing-Along
 - Aloha Hula
 - Belly & Tap Dance
 - Computer Lab
- Bingo
- Café Costa
- The Goodie Store
- Free Services
 - AARP Tax Service
 - Advice Nurse
 - American Red Cross Blood Drive
 - Blood Pressure Screening
 - Community Produce Program
 - HICAP Counseling
 - Senior Food Program
 - Wills/Trusts Legal Consultations

Friends of the Hercules Senior Center

Oct. 2023 – Sept. 2024

Activities & Fundraisers

- 1. Tree Lighting: December 3, 2023***
2. Breakfast with Santa: Saturday, December 17, 2023
3. Breakfast with a Badge Award: February 14, 2024
4. Alcatraz Trip – 37 Lunches: April 24, 2024
- 5. Senior Wellness Fair: April 30, 2024***
- 6. Community Clean-Up: May 4, 2024 ***
- 7. City Senior Membership Drive: June 7, 2024***
- 8. Trunk or Treat: October 25, 2024 ***

Breakfast with Santa: Saturday, December 14, 2024





Contributions to Hercules Senior Center

Oct. 2023 – Sept. 2024

- Kitchen Supplies & Kitchen Grate: \$791.80
- Alcatraz Trip 30 Lunches: \$240.00
- Alameda County Fair: \$214.50
- Membership Drive Painted Ad \$65.00
- **Total Contributions: \$1,311.30**

- 14 classes/week: **686 hours**

- Volunteer Activities Leaders: 11
- Senior Center Programs: 10

- City Event Volunteers: **45 hours**

- Trunk or Treat: 4 hrs.
- Tree Lighting: 6 hrs.
- Community Clean-Up: 16 hrs.
- Membership Drive: 9 hrs.

*39/52 weeks estimated

- Receptionist & Kitchen Staff: **4,900 hours**

- 5 staff min./4 hrs. day

- Goodie Store Staff: **588 hours**

- 3 staff min./4 hrs. weekly

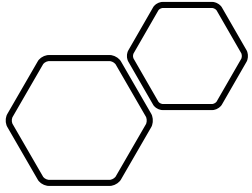
- **6,219 Volunteer Hours Grant Total**

- **\$95,614.87 Gross Salary Savings**



Seniors
Just
Want
to
Have
Fun





Send Tax Deductible
Donations to:

Friends of the Hercules
Senior Center (FHSC)

P. O. Box 5501

Hercules, CA 94547





Friends of the Hercules Senior Center Q&A

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