



Friends of the Hercules Senior Center

Presented by:
Tanya Little, President
friendsofhsc2019@gmail.com
November 2025

Hercules Senior Center Wellness Activities

- \$25.00/yr. Park & Rec Member Fee
- Social Events & Trips
- Wellness Programs
(\$1.00/\$3.00 Non-members)
 - Tai Chi
 - Beginning & Advance Line Dance
 - Chi Gong, Yuen Ji Dance
 - Low Impact Dancercise
 - Fit Troop
 - Sing-Along
 - Aloha Hula
 - Belly & Tap Dance
 - Computer Lab
- Bingo
- Café Costa
- The Goodie Store
- Free Services
 - AARP Tax Service
 - Advice Nurse
 - American Red Cross Blood Drive
 - Blood Pressure Screening
 - Community Produce Program
 - HICAP Counseling
 - Senior Food Program
 - Wills/Trusts Legal Consultations

Friends of the Hercules Senior Center

Oct. 2024 – Sept. 2025

Activities & Fundraisers

- 1. Trunk or Treat: October 25, 2024**
- 2. Tree Lighting: December 1, 2024**
3. Breakfast with Santa: Saturday, December 14, 2024
- 4. Spring into Wellness Fair: March 19, 2025**
- 5. Community Clean-Up: May 3, 2025**
- 6. City Senior Membership Drive: June 6, 2025**
7. Crowdsourcing Fundraiser June 2 – July 1, 2025

Breakfast with Santa: Saturday, December 13, 2025







Contributions to Hercules Senior Center

Oct. 2024 – Sept. 2025

Kitchen Supplies Contributions: \$1,159.24

- 15 classes/week: **892 hours**
 - Volunteer Activities Leaders: 14
 - Senior Center Programs: 10
- City Event Volunteers: **42 hours**
 - Trunk or Treat: 6 hrs.
 - Tree Lighting: 4 hrs.
 - Community Clean-Up: 20 hrs.
 - Membership Drive: 12 hrs.
- Receptionist & Kitchen Staff: **4,320 hours**
 - 15 staff /4 days a week
- Senior Food Bank: **672 hours**
 - 14 staff/3 hrs. min. twice monthly
- Goodie Store Staff: **96 hours**
 - 2 staff min./4 hrs. weekly
- **6,022 Volunteer Hours Grant Total**
- **\$16.50/hr. min. wage**
- **\$99,363.00 Gross Salary Savings**

Senior Giving



Senior Health





- Send Tax Deductible Donations to:
- Friends of the Hercules Senior Center (FHSC)
- P. O. Box 5501
- Hercules, CA 94547
- Or use our Zeffy.com QR Code





Friends of the Hercules Senior Center Q&A

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